



## DEX II™ DECOMPRESSION & EXTENSION

The DEX II is a forward-rotating, user-controlled inversion machine. The body is placed in a 90/90 position which helps to flatten the lumbar curve for greater separation of lower vertebrae. Traction is applied to the hip joints and spine, with no loads to the ankles and knee joints. The DEX II is ideal for back extension exercises - it works like a roman chair, but with better ergonomic support. The unique traction handles offer a method for increased decompression.

<b>Height capacity</b>	<b>4'8" - 6'6"</b> (142 - 198 cm)
<b>Weight capacity</b>	<b>300 lbs</b> (136 kgs)
<b>Assembled dimensions</b>	<b>45 x 28 x 58</b> (114 x 71 x 147 cm)
<b>Packaged dimensions</b>	<b>50" x 30" x 5.5"</b> (127 x 70 x 14 cm)
<b>Packaged weight</b>	<b>66 lbs</b> (30 kgs)
<b>Warranty</b>	<b>5-Year</b>
<b>Value-added</b>	<b>Instructional DVD, Owner's Manual</b>

U.S. and foreign patents apply. Other foreign patents pending.

### Sturdy Lap Support

Holds the user in a fixed 90/90 position for a variety of inverted stretches and exercises

### Adjustable Leg Supports

Locking knob allows adjustment for maximum comfort and security

### High Quality Finish

Durable powder-coating ensures scratch-resistance

### Corner feet

Provide stability, prevent sliding and protect floors

**USA and International Patents Applied**



### Traction Handles

A unique solution for stretching the lower back - offers increased decompression of the spine to maximize effectiveness

### Washable Padded Vinyl Mat

Quality materials are durable and easy to clean

### Convenient features

Lower handles provide support for user-controlled rotation; serve as useful resistance tools for stretching

### Quality Construction

Sturdy square steel tube design